

## About the Epilepsy Foundation

With offices in Harrisburg, Pittsburgh, Erie, and Johnstown, the EFWCP is dedicated to providing services for the prevention, control and community understanding of epilepsy/seizure disorders. An independent affiliate of the Epilepsy Foundation National, the EFWCP supports more than 66,000 individuals who have epilepsy and their families throughout its 49 county service area.



[www.efwcp.org](http://www.efwcp.org)

## Special Requests

We encourage participation by all individuals. If you have any special needs, advance notification will help us better serve you. Please notify us in advance of any special requests or modifications you may need to benefit from this program.

## Registration Fees

A registration fee can be waived by calling 1-800-336-0301. Financial assistance will not be provided to pay for travel or hotel expenses.

**Individual Registration . . . \$10.00 per person**

**Family Registration . . . . \$25.00 per family**

## Special Thanks

This Epilepsy Foundation forum was made possible by a grant from GlaxoSmithKline.



NON-PROFIT ORG.  
U.S. POSTAGE  
**PAID**  
PITTSBURGH, PA  
PERMIT NO. 1390



900 South Arlington Avenue • Suite 126  
Harrisburg, PA 17109



A one-day community event for women who have epilepsy/seizure disorders

Saturday,  
November 3, 2007  
9 a.m. to 3 p.m.  
Hilton Harrisburg  
Harrisburg, PA

# Women & Epilepsy: Living Life Without Compromise

A one-day community event for women who have epilepsy/seizure disorders.

## Schedule of Events

- 8:30 - 9:00 AM** Registration
- 9:00 - 9:10 AM** Welcome
- 9:15 - 10:00 AM** **Women & Epilepsy:  
Framing the Issues**  
**Lynn Warner, RN, DNSc**  
York College of Pennsylvania  
*An overview of the impact epilepsy can have on women, including issues relating to hormones, pregnancy, and parenting.*
- 10:00 - 10:15 AM** Break
- 10:15 - 11:00 AM** CONCURRENT SESSIONS  
(Select One)
- WORKSHOP A  
**Managing Reproductive Health & Epilepsy – The Neurology Perspective**  
**Paul H. McCabe, M.D.**  
Milton S. Hershey Medical Center Neurology  
*The neurologist's perspective on managing hormones, planning pregnancy, managing epilepsy medications and seizures during pregnancy, and the diagnosis of catamenial epilepsy.*
- WORKSHOP B  
**Women, Epilepsy & Aging**  
**Frank Jiang, M.D.**  
**Kim Green, CRNP**  
WellSpan Health  
*Learn more about osteoporosis & bone loss, early menopause, the effects of menopause on seizures, and the effects of epilepsy treatment on bone loss.*
- 11:00 - 11:15 AM** Break

## 11:15 AM - 12:00 PM CONCURRENT SESSIONS

(Select One)

### WORKSHOP C

#### Managing Reproductive Health & Epilepsy – The OB/GYN Perspective

##### Speaker To Be Announced

*Information about pregnancy planning, the effects of epilepsy treatment on the developing baby, delivery, post-partum depression, and genetic counseling.*

### WORKSHOP D

#### Women, Epilepsy & Lifestyle Issues

##### Lynn Warner, RN, DNSc

York College of Pennsylvania

*A discussion about the role epilepsy can play in cognition, mood disorders, and social isolation.*

## 12:00 - 1:30 PM LUNCH SESSION AND KEYNOTE ADDRESS

#### Free at Last: One Woman's Lifetime Battle to Overcome Epilepsy

##### Lisa-Marie Kinsman

## 1:30 - 2:30 PM PANEL DISCUSSION

#### Women & Epilepsy: Personal Perspectives

##### Kerri Michnya

Jeanine Naylor

Gretchen Rauhauser

## 2:30 - 3:00 PM NETWORKING SESSION

*A final opportunity for the audience to interact, meet one another, share experiences and enjoy light refreshments.*

## We Hope You Can Join Us!

*The Epilepsy Foundation Western/Central Pennsylvania (EFWCP) is thrilled to host its first-ever conference in the Harrisburg region focused specifically on the issues facing women living with epilepsy/seizure disorders. We invite everyone interested in the topic - women of all ages who are affected by epilepsy; their loved ones, caregivers, and friends; and healthcare providers - to join us for a day full of information, networking, and fun. You will hear from experts on a variety of subjects, be inspired by our keynote speaker, and get to meet other women who understand what it's like to live with epilepsy. We look forward to seeing you at the conference!*

## Registration Information

Please complete this registration form and return it with payment by October 26, 2007 to: Gretchen Rauhauser, EFWCP, 900 South Arlington Avenue, Suite 126, Harrisburg, PA 17109 OR register online at [www.efwcp.org](http://www.efwcp.org).  
*Make checks payable to the EFWCP.*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Phone: [ \_\_\_\_\_ ]

Home Phone: [ \_\_\_\_\_ ]

Email Address: \_\_\_\_\_

Individual Registration: \$10.00

Family Registration: \$25.00

## Workshop Selections

Please select one workshop for each of the two sessions listed below.

### SESSION I: Select One Workshop

Workshop A: Managing Reproductive Health & Epilepsy – The Neurology Perspective

Workshop B: Women, Epilepsy & Aging

### SESSION II: Select One Workshop

Workshop C: Managing Reproductive Health & Epilepsy – The OB/GYN Perspective

Workshop D: Women, Epilepsy & Lifestyle Issues

## Child Care Services

Pre-registration is required in order to use childcare services.

Will you need on-site child care at the conference?

Yes  No

*The EFWCP will contact you prior to the conference to discuss your child's interests and needs.*